

FLOURIDE VARNISH IS STANDARD OF CARE

Dental caries or decay is common in children. If not treated early and adequately, it can cause mild to severe infections. The American Academy of Pediatrics and American Dental Association recommend that primary care providers apply fluoride varnish at the age of first tooth eruption and follow the recommendations thereafter.

Our physicians are committed to preventative care and will apply fluoride varnish at the ages 9, 12, 15, 18, and 24 months.

PLEASE LET US KNOW IF YOUR CHILD HAS SORES IN MOUTH, IS ALLERGIC TO PINE ROSIN OR PINE NUTS.



We will bill your insurance for this service.

DO'S AND DON'TS AFTER VARNISH APPLICATION:

1. Do not brush teeth until following morning
2. Avoid hot, sticky and crunchy foods on same day
3. May eat, drink and use pacifier after application

ALWAYS

1. Brush teeth with fluoridated toothpaste twice daily. May use "size of grain of rice" for under 3 years of age and "size of pea" for children over the age of 3.
2. Avoid juice and sugary drinks. Water is the best.
3. Discontinue bottles after 1 year of age.